

Jamie McHugh, MA, RSMT - Artist, Teacher and Performer CV

PO Box 250, Albion, CA 95410 (415) 250-4133
naturebeingart@gmail.com www.NatureBeingArt.org

A self-taught photographer, Jamie McHugh began photographing at the age of 17 and continued over the years until his first solo show at the age of 52 in 2007. McHugh has been teaching body-based work for the past 40 years and is the creator of Somatic Expression, a unique synthesis of contemplative and expressive movement practices he has taught worldwide in universities, healthcare settings and training programs. McHugh's current work is centered on trainings in "Embodying Nature" - a sensory-motor approach to environmental education taught in the wilds of the United States and Europe, and in "Embodied Mindfulness" - body-based contemplative practices taught online to participants worldwide. His visual art bridges these two disciplines by blending nature images with guided practices in sensory awareness to generate an enhanced appreciation of body, nature and stillness.

EDUCATION

B.S. Education, University of Wisconsin, Madison, WI 1981

M.A. Movement Education, Sierra University, Costa Mesa, CA 1988

RSMT Registered Somatic Movement Therapist, International Somatic Movement Education and Therapy Association, NYC, NY 1989

PRIMARY TEACHING

Tamalpa Institute Movement-Based Expressive Arts Therapy (1989-2017)
Kentfield, CA Core and Adjunct Faculty in Somatic Arts and Dance Studies

John F Kennedy University, Graduate School for Holistic Studies (1991-2015)
Pleasant Hill, CA Adjunct Faculty in Holistic Health Education

Wisconsin Arts Board, Artist-in-Residence Program (1982-87)
State-wide program based in Madison, WI Dance/movement arts in education teacher

GUEST TEACHING (selected)

- Alanus University, Bonn, Germany
- American Dance Festival, Chapel Hill, NC
- Bristol Cancer Center, Bristol, England
- Esalen Institute, Big Sur, CA
- National Association for Contemporary Dance, Paris, France

- Saitama University, Art Department, Tokyo, Japan
- Sasana Institute for Psychotherapy, Bogota, Colombia
- Stanford University, Dance Department
- University of Hong Kong, Behavioral Medicine Department
- University of Wisconsin-Madison, Dance Department

EXHIBITS (selected)

March – May 2017, “Living Oceans” Group Show, Falkirk Cultural Center, San Rafael, CA

October 2012-January 2013, “Living Water” Group Show, Cavallo Point, Sausalito, Ca

September – December 2010, Roche Bobois, San Francisco, CA

June - August 2010, Solo Show, a.Muse Gallery, San Francisco, CA

March – July 2010, “Where We Are” Group Show, Marin Community Foundation, Novato, CA

April – June 2009, Solo Show, First Unitarian Church, San Francisco, CA

January – March 2009, Solo Show, The Bay Model, Sausalito, CA

September – November 2008, Solo Show, Claremont Club Gallery, Berkeley, CA

May – July 2008, Solo Show, Alta Bates Hospital Gallery, Berkeley, CA

March 2008, Solo Show, Magnet SF, San Francisco, CA

September – December 2007, Solo show, CIIS, San Francisco, CA

COMMISSIONS

Avalon Bay Community, Dogpatch – San Francisco, CA 2017

Glen Oaks Motel, Big Sur, CA 2007

Jamie McHugh's work is primarily in the private collections of art buyers in California, with other patrons spanning the United States. His most recent commission was for Avalon Bay Communities, and consisted of twenty 40x60 chromogenic prints mounted on aluminum with a UV-protective laminate and a recessed back frame. These pieces are all prominently displayed throughout the newly constructed 326-unit apartment complex.